



**\$30
PER
CHILD**

Does your child play soccer, cheer, football, baseball,
dance, or another sport, or just need to build strength?

CONDITIONING CLINIC

WITH **COACH ROB**
FOR BOYS & GIRLS AGES 7 AND UP

GARDEN STATE
TRAMPOLINE
ACADEMY
TUMBLING · GYMNASTICS · FITNESS

This high-energy class helps kids build strength, boost endurance,
and improve athletic ability—all while having fun.

One hour of muscle-building, cardio, and exciting conditioning
stations and games.

Perfect cross-training for any sport!

4:15 – 5:15 PM

Limited Spots Available! Only 8 Children per Class

Register now through the iClass portal to reserve a spot.



79 Red Valley Road, Millstone, NJ 08510
Entrance off Red Valley Road
(Directly after 79 Red Valley)



609.223.2366